

BEAVER AREA SCHOOL DISTRICT

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BEAVER AREA SCHOOL DISTRICT SAFETY COMMITTEE MEETING OCTOBER 13, 2015

PRESENT Dino Almonte, Terri Belanger, Chuck Dean, Amy Gavazzi and John Hynes.

ABSENT Ms. Allison and Mr. Wilson

I. CALL TO ORDER AND ROLL CALL

Mr. Hynes called the meeting to order and Mr. Almonte called the roll at 2:48 P.M.

II. APPROVAL OF MINUTES

It was moved by Mr. Almonte and seconded by Ms. Gavazzi to approve the meeting minutes of September 8, 2015 as written. Motion was carried unanimously.

III. OLD BUSINESS

There was no old business discussed.

IV. NEW BUSINESS

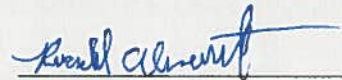
A. Mr. Hynes distributed the article "Preventing Strains and Sprains" prepared by the California State Fund for workers' compensation insurance. The article provided the following useful information:

1. Most strains and sprains affect the back, arms, and shoulders.
2. Many strains and sprains occur when workers lift things that weigh too much or they lift incorrectly.
3. Get help with heavy loads. Don't try to move or lift an object you can't handle.
4. Change your working position frequently to prevent chronic strain in one area due to weakening your back, arms, and shoulders.
5. Take care of your whole body with exercise, proper posture, or sensible diet, and adequate rest.

- B. Amy Gavazzi reported that only eight persons were signed up at the Middle School-High School for flu shots.
- C. The next meeting is scheduled for November 9, 2015 at 2:45 P.M. in the Middle School-High School. The November meeting will be to discuss the recent safety inspection by the workman's compensation insurance carrier at the Middle School-High School. The Highmark representative will be attending to present his findings and recommendations.

V. ADJOURNMENT

It was moved by Ms. Gavazzi and seconded by Ms. Belanger that the meeting be adjourned. Motion was carried unanimously. The meeting was adjourned at 3:05 P.M.



Ronald Almonte, Secretary